



Free Knitting Pattern
Lion Brand® Heartland
Flag Pullover
Pattern Number: L30155



Free Knitting Pattern from Lion Brand Yarn

Lion Brand® Heartland Flag Pullover

Pattern Number: L30155

SKILL LEVEL: [Intermediate](#)

SIZE: Adult (Multiple Sizes)

S (M/L, 1X/2X)

Finished Bust 38 (46, 54) in. (96.5 (117, 137) cm)

Finished Length 23 (24, 24 1/2) in. (58.5 (61, 62) cm)

CORRECTIONS: None as of Jul 25, 2013. To check for later updates, click [here](#).

MATERIALS

- 136-113 [Lion Brand Heartland Yarn: Redwood](#)
2 3, 3 Balls (A)
- 136-098 [Lion Brand Heartland Yarn: Acadia](#)
2 3, 3 Balls (B)
- 136-109 [Lion Brand Heartland Yarn: Olympic](#)
1 2, 2 Ball (C)
- [Lion Brand Knitting Needles - Size 7 \[4.5 mm\]](#)
- [Lion Brand Knitting Needles- Size 9 \[5.5 mm\]](#)
- [Lion Brand Stitch Holders](#)
- [Lion Brand Split Ring Stitch Markers](#)
- [Lion Brand Large-Eye Blunt Needles \(Set of 6\)](#)

**Heartland (Article #136). 100% Acrylic; package size: 5.00oz/142.00 gr. (251yds/230m) pull skeins*



GAUGE:

16 sts + 22 rows = 4 in. (10 cm) in St st (k on RS, p on WS).

BE SURE TO CHECK YOUR GAUGE. When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. If it takes you fewer stitches and rows to make a 4 in. [10 cm] square, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

STITCH EXPLANATION:

M1 (make 1) An increase worked by lifting the horizontal strand lying between the needles and placing it onto the left needle. Knit this new stitch through the back loop - 1 st increased.

ssk (slip, slip, knit) Slip next 2 sts as if to knit, one at a time, to right needle; insert left needle into fronts of these 2 sts and knit them tog - 1 st decreased.

PATTERN STITCH

K2, p2 Rib (worked over a multiple of 4 sts + 2 additional sts)

Row 1 (RS): K2, *p2, k2; rep from * to end of row.

Row 2: K the knit sts and p the purl sts.
Rep Row 2 for K2, p2 Rib.

STRIPE SEQUENCE

Work 10 rows with B then 10 rows with A, alternately.

NOTES:

1. Pullover is worked in 4 pieces: Back, Front and 2 Sleeves.
2. The Back and the Left Sleeve are worked in stripes; the Front is worked in both stripes and intarsia colorwork.
3. When working in intarsia, do not carry yarn across WS of work. Instead, use a separate ball or bobbin for each section of color. When changing color, twist yarns on WS to prevent holes from forming in your work.
4. The stars are worked in duplicate st, following Charts.
5. When you see 'work even' in the instructions, this means to continue on in the pattern st you have established without changing the st count by increasing, decreasing, or binding off.

PULLOVER

BACK

With smaller needles and A, cast on 78 (94, 110) sts.
Work in K2, p2 Rib for 1 1/2 (2, 2) in. (4 (5, 5) cm), end with a WS row. **Note:** End with a WS row means that the last row you work should be a WS row, and the next row that you are ready to work will be a RS row.

Change to larger needles.

Decrease Row (RS): K6, k2tog, k to last 8 sts, k2tog, K6 - 76 (92, 108) sts at the end of this row.

Next Row: Purl.

Change to B.

Rows 1-72: Work in St st (k on RS, p on WS) for 70 rows, changing color following Stripe Sequence.

Shape Armholes

Note: As you work the remainder of the Back, continue to change color following Stripe Sequence as established.

Row 73 (RS): Bind off 4 (4, 5) sts, k to end of row - 72 (88, 103) sts.

Row 74: Bind off 4 (4, 5) sts, p to end of row - 68 (84, 98) sts.

Row 75 (Decrease): K2, k2tog, k to last 4 sts, ssk, k2 - 66 (82, 96) sts.

Row 76: Purl.

Rep last 2 rows 1 (1, 2) more time(s) - 64 (80, 92) sts.

Continue in St st and Stripe Sequence for 36 (38, 40) rows.

Shape Neck

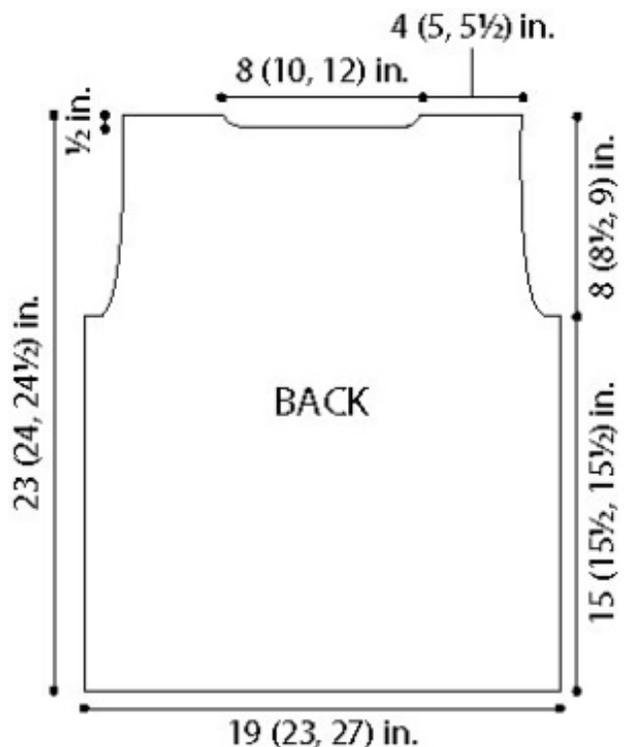
Row 1 (RS): K18 (22, 24), join a 2nd ball of yarn and bind off center 28 (36, 44) sts for neck, k to end of row - 18 (22, 24) sts on each side.

Work both sides at the same time with separate balls of yarn.

Row 2: On first side, p to last 4 sts, p2tog, p2; on 2nd side, p2, p2tog, p to end of row - 17 (21, 23) sts on each side.

Row 3: On first side, k to last 4 sts, k2tog, k2; on 2nd side, k2, k2tog, k to end of row - 16 (20, 22) sts on each side.

Bind off all sts on both sides.



FRONT

Work same as Back until Row 70 has been completed - 76 (92, 108) sts.

Change to A.

Row 71 (RS): With A, k 38 (46, 54) sts, place marker, with C, k 38 (46, 54) sts.

Row 72: With C, p to marker, slip marker (sm), with A, p to end of row.

Shape Armhole

Row 73 (RS): With A, bind off 4 (4, 5) sts, k to marker, sm, with C, k to end of row - 72 (88, 103) sts at the end of this row.

Row 74: With C, bind off 4 (4, 5) sts, p to marker, with A, p to end of row - 68 (84, 98) sts at the end of this row.

Row 75: With A, k2, k2tog, k to marker, sm, with C, k to last 4 sts, ssk, k2 - 66 (82, 96) sts at the end of this row.

Row 76: With C, p to marker, sm, with A, p to end of row.

Rows 77-78 (78, 80): Rep last 2 rows 1 (1, 2) more time(s) - 64 (80, 92) sts.

For Size 1X/2X, proceed to All Sizes, below.

Sizes S (M/L) ONLY

Row 79 (RS): With A, k to marker, sm, with C, k to end of row.

Row 80: With C, p to marker, sm, with A, k to end of row.

All Sizes

Next Row (RS): With B, k to marker, sm, with C, k to end of row.

Next Row: With C, p to marker, sm, with B, p to end of row. Rep last 2 rows 4 more times.

Next Row: With A, k to marker, sm, with C, k to end of row.

Next Row: With C, p to marker, sm, with A, p to end of row. Rep last 2 rows 2 (2, 3) more times.

Shape Neck

Row 1 (RS): With A, k26 (31, 34), sl these sts to a holder for left shoulder, bind off center 12 (18, 24) sts for neck (removing marker and using A to bind off first 6 (9, 12) sts and C to bind off last 6 (9, 12) sts), with C, k to end of row - 26 (31, 34) sts for right shoulder.

Right Shoulder

Continue with C only.

Rows 1 and 3 (WS): Purl.

Row 2: Bind off 4 sts, k to end of row - 22 (27, 30) sts.

Row 4: Bind off 3 sts, k to end of row - 19 (24, 27) sts.

Row 5: Purl.

Row 6: K2, k2tog, k to end of row - 18 (23, 26) sts.

Rep last 2 rows 2 (3, 4) more times - 16 (20, 22) sts rem for right shoulder.

Work even in St st for 11 rows.

Bind off.

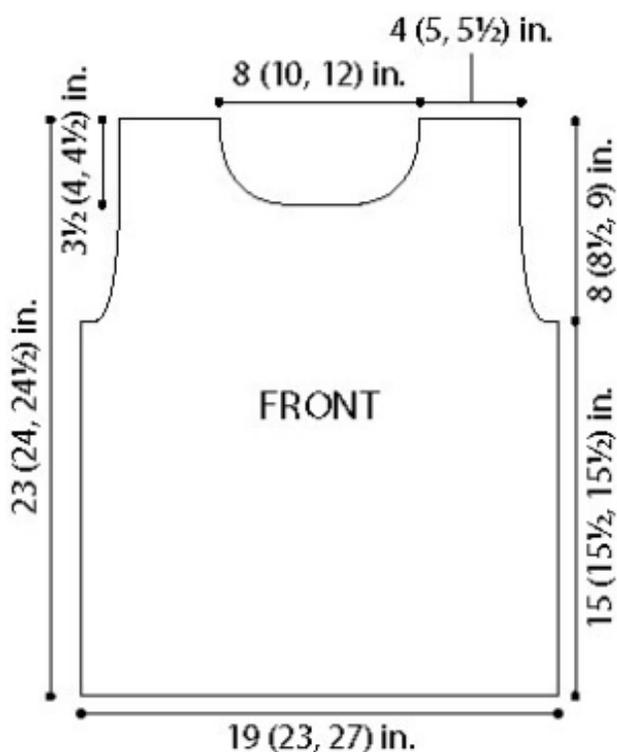
Left Shoulder

Continue to change color following Stripe Sequence for left shoulder.

Slip sts for left shoulder back onto needle, ready to work a WS Row.

Row 1 (WS): Bind off 4 sts, p to end of row - 22 (27, 30) sts.

Row 2: Knit.



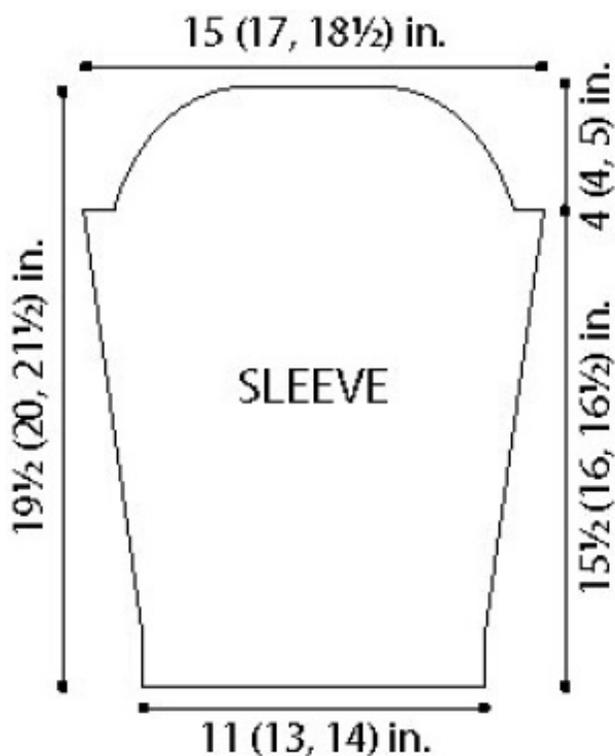
Row 3: Bind off 3 sts, p to end of row - 19 (24, 27) sts.
Row 4: Knit.
Row 5: P2, p2tog, p to end of row - 18 (23, 26) sts.
 Rep last 2 rows 2 (3, 4) times - 16 (20, 22) sts rem for right shoulder.
 Continuing to change color following Stripe Sequence, work even in St st for 12 rows.
 Bind off.

LEFT SLEEVE (Striped Sleeve)

With smaller needles and A, cast on 46 (54, 58) sts.
 Work in K2, p2 Rib for 1 1/2 in. (4 cm), end with a WS row.
 Change to larger needles.
 Beg with a RS (knit) row, work in St st for 2 (4, 6) rows.
 Change to B and begin Stripe Sequence.
Increase Row (RS): K2, M1, k to last 2 sts, M1, k2 - 48 (56, 60) sts at the end of this row.
 Work even in St st, changing color following Stripe Sequence, for 11 (11, 9) rows.
 Rep Increase Row - 50 (58, 62) sts at the end of this row.
 Rep last 12 (12, 10) rows 5 (5, 6) more times - 60 (68, 74) sts, then work even in St st for 3 (3, 5) rows.

Shape Sleeve Cap (Top of Sleeve)

Row 1 (RS): Bind off 4 (4, 5) sts, k to end of row - 56 (64, 69) sts.
Row 2: Bind off 4 (4, 5) sts, p to end of row - 52 (60, 64) sts.
Row 3: K2, k2tog, k to last 4 sts, ssk, k2 - 50 (58, 62) sts.
Row 4: Purl.
 Rep last 2 rows 4 (2, 4) more times - 42 (54, 54) sts rem.
Next Row: K2, k2tog, k to last 4 sts, ssk, k2 - 40 (52, 52) sts.
Next Row: P2, p2tog through the back loops, p to last 4 sts, p2tog, p2 - 38 (50, 50) sts.
 Rep last 2 rows 1 (4, 4) more time(s) - 34 sts rem.
Next Row: K2, k2tog, k to last 4 sts, ssk, k2 - 32 sts.
Next Row: Bind off 2 sts, p to end of row - 30 sts.
Next Row: Bind off 2 sts, k to end of row - 28 sts.
 Rep last 2 rows - 24 sts.
 Bind off.



RIGHT SLEEVE (Solid Sleeve)

With smaller needles and C, cast on 46 (54, 58) sts.
 With C only, work same as Left Sleeve.
 Bind off.

FINISHING

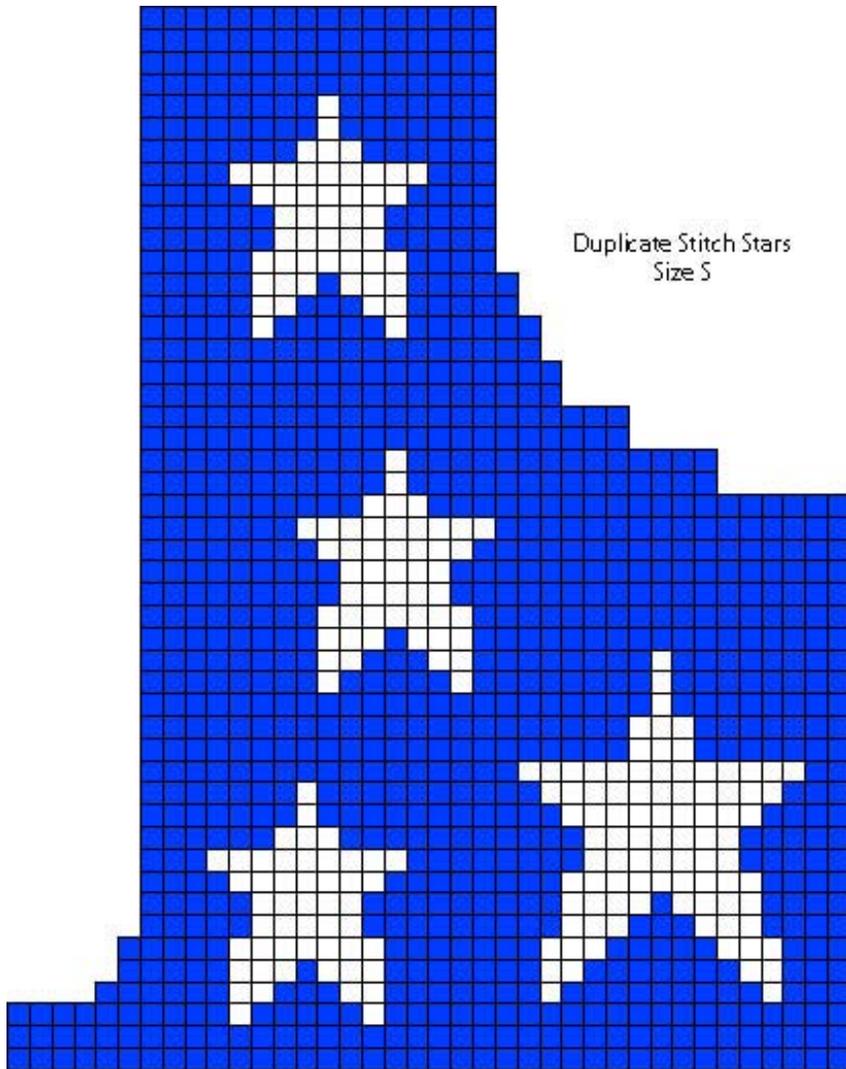
Duplicate Stitch

With B and following Charts, embroider duplicate st Stars onto Front and Right Sleeve.
 Sew right shoulder seam.

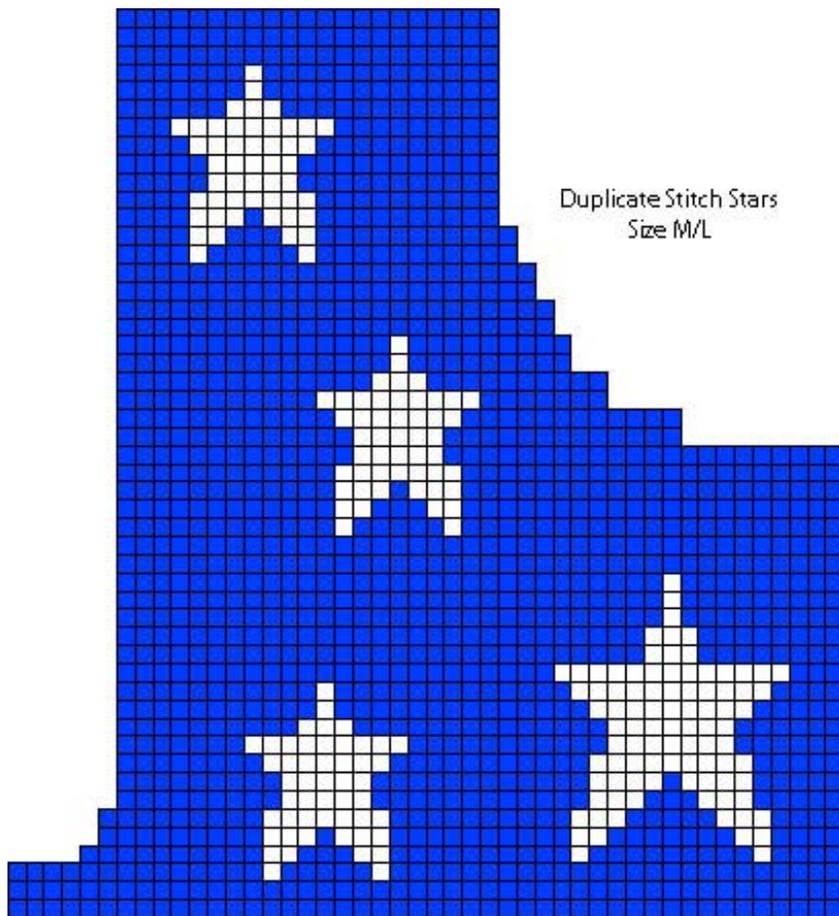
Neckband

From RS, with smaller needles and A, pick up and k56 (64, 76) sts evenly spaced across front neck and 38 (46, 54) sts evenly spaced across back neck - 94 (110, 130) sts.
 Work in K2, p2 Rib for 5 (7, 11) rows.
 Bind off.
 Seam left shoulder, including ends of neckband.
 Sew in Sleeves. Sew side and Sleeve seams.

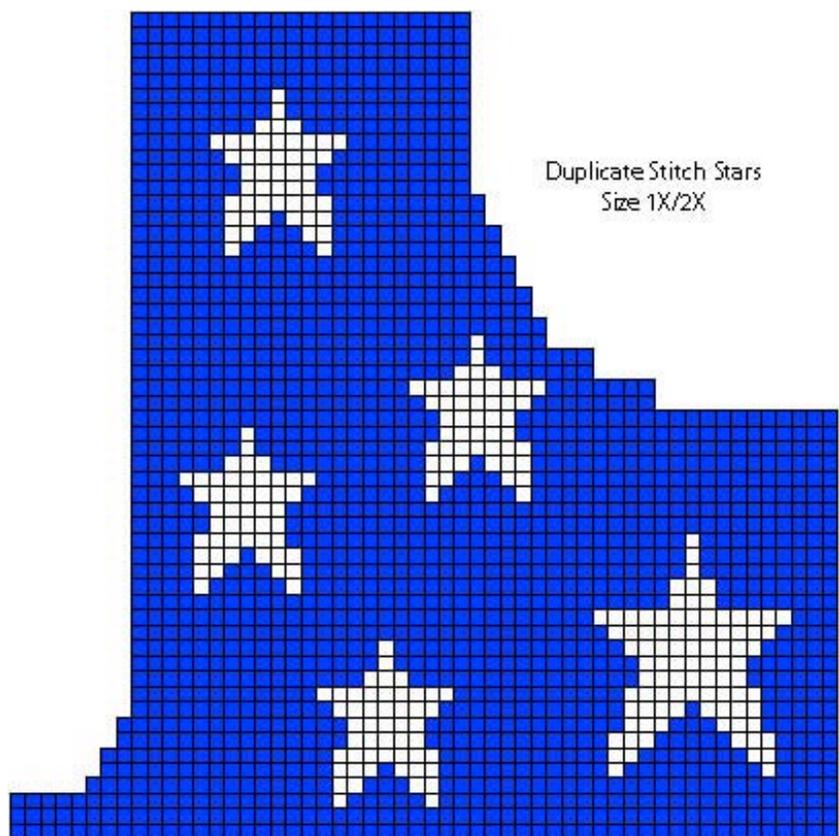
Weave in ends.



Duplicate Stitch Stars
Size S

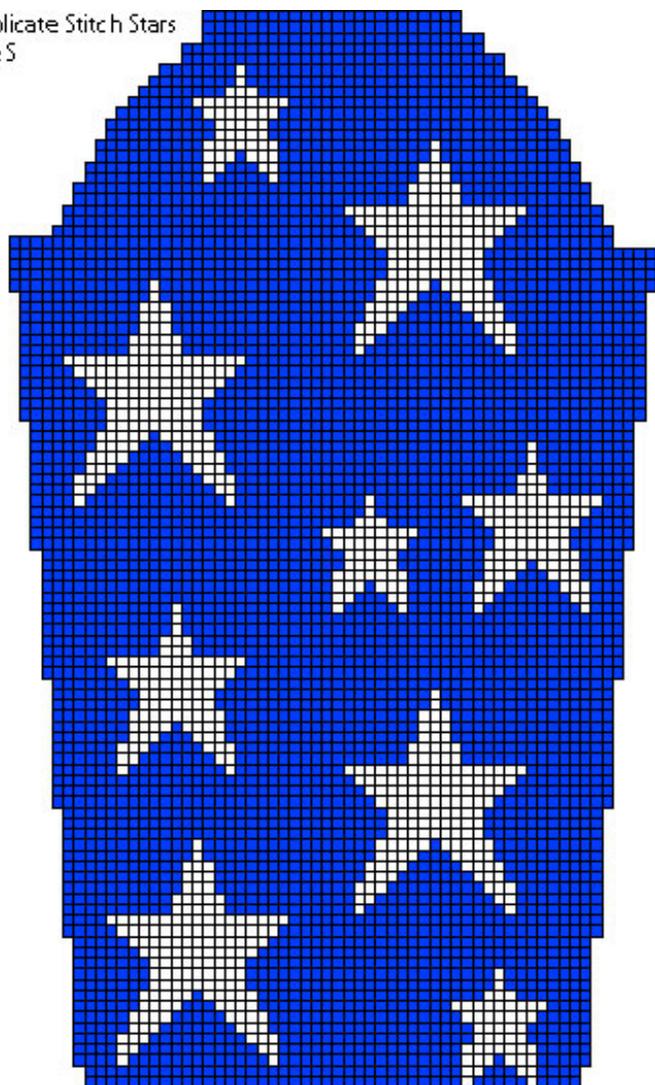


Duplicate Stitch Stars
Size M/L

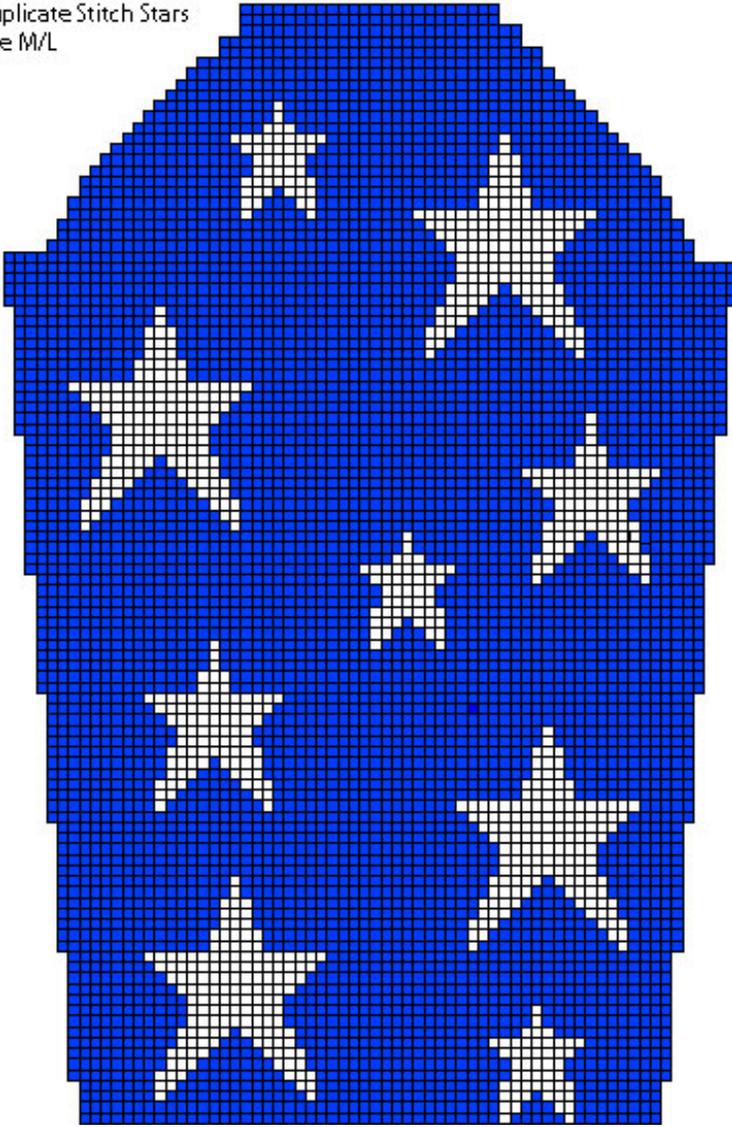


Duplicate Stitch Stars
Size 1X/2X

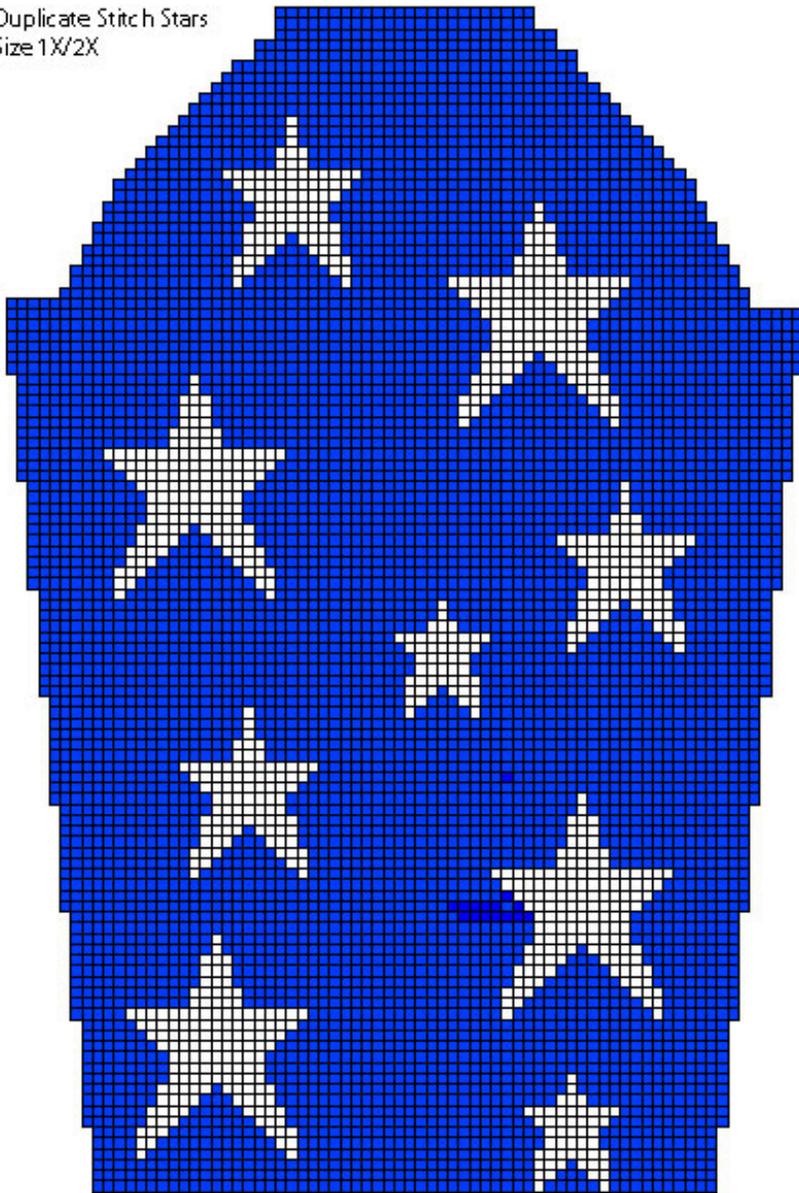
Duplicate Stitch Stars
Size S



Duplicate Stitch Stars
Size M/L



Duplicate Stitch Stars
 Size 1X/2X



Key for Duplicate Stitch Charts

- St st (k on RS, p on WS) worked with C
- Duplicate st worked with B

ABBREVIATIONS / REFERENCES	
Click for explanation and illustration	
beg = begin(s)(ning)	k = knit
k2tog = knit 2 together	p = purl
p2tog = purl 2 together	rem = remain(s)(ing)
rep = repeat(s)(ing)	RS = right side
sl = slip	St st = Stockinette stitch
st(s) = stitch(es)	WS = wrong side

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

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