



***Free Knitting Pattern***  
**Lion Brand® 24/7 Cotton®**  
**Gridded Pullover**  
Pattern Number: L70080  
*Designed by Irina Poludnenko*



## **SKILL LEVEL – Easy+**

### **SIZES**

S/M (L, 1X/2X)

**Finished Bust** About 44 (50, 56) in. (112 (127, 142) cm)

**Finished Back Length** About 23 (24, 25) in. (58.5 (61, 63.5) cm)

**Note:** Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

### **MATERIALS**

- Lion Brand® 24/7 Cotton® (Art. #761)
  - 149 Silver 6 (7, 8) balls
- Lion Brand® knitting needles size 6 (4 mm)
- Lion Brand® stitch holders
- Lion Brand® stitch markers
- Lion Brand® large-eyed blunt needle



### **ADDITIONAL MATERIALS**

Circular knitting needle size 6 (4 mm), 16 in. (40.5 cm) long

### **GAUGE**

19 sts + 24 rows = about 4 in. (10 cm) in St st (k on RS, p on WS).

**BE SURE TO CHECK YOUR GAUGE.**

### **STITCH EXPLANATION**

**M1 (make 1)** An increase worked by lifting the horizontal strand lying between needles and placing it onto the left needle. Knit this new stitch through the back loop – 1 st increased.

### **PATTERN STITCH**

**Seed Rib (worked over multiple of 7 sts)**

**Row 1 (RS):** \*P1, k6; rep from \* to end.

**Row 2:** \*K1, p6; rep from \* to end.

Rep Rows 1 and 2 for Seed Rib pattern.

### **NOTES**

1. Pullover is made in 4 pieces: Front, Back, and 2 Sleeves.
2. All pieces are worked from the lower edge upwards.
3. Variations of the Seed Rib pattern are worked on upper Back and Sleeves.
4. Lower edge of Front is worked in 2 separate halves to create a slit.
5. When you see 'work in pattern as established' in the instructions, this means to work the next row of the pattern st, lining up sts as in previous rows.

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6. When you see 'work even' in the instructions, this means to continue on in the pattern st you have established without changing the st count by increasing, decreasing, or binding off.

## **BACK**

With straight needles, cast on 105 (119, 133) sts.

### **Lower Band**

**Row 1 (RS):** K1 (selvage st), k5, work Row 1 of Seed Rib pattern to last st, k1 (selvage st).

**Row 2:** K1, p5, work Row 2 of Seed Rib pattern to last st, k1.

**Rows 3-16:** Rep Rows 1 and 2 for 7 more times.

### **Lower Back**

**Row 17 (RS):** Beg with a RS (knit) row, work in St st (k on RS, p on WS).

**Row 18:** K1, work in St st to last st, k1.

Rep Rows 17 and 18 until piece measures about 17 (18, 19) in. (43 (45.5, 48.5) cm) from beg, end with a WS row as the last row you work.

**Next Row (RS):** K34 (41, 48), place marker (pm), k37, pm, k to end of row.

**Next Row:** K1, p to marker, slip marker (sm), k to marker, sm, p to last st, k1.

### **Patterned Upper Back**

**Row 1 (RS):** K to marker, sm, work Row 1 of Seed Rib pattern to 2 sts before marker, p1, k1, sm, k to end of row.

**Row 2:** K1, p to marker, sm, work Row 2 of Seed Rib pattern to 2 sts before marker, k1, p1, sm, p to last st, k1.

**Rows 3-6:** Rep Rows 1 and 2 twice.

**Row 7:** Rep Row 3.

**Row 8:** K1, p to marker, sm, k to marker, sm, p to last st, k1.

**Rows 9-24:** Rep Rows 1-8 twice.

### **Shape Shoulders**

**Row 1 (RS):** Bind off 5 (6, 7) sts, k to marker, sm, work Row 1 of Seed Rib pattern to 2 sts before marker, p1, k1, sm, k to end of row – you will have 100 (113, 126) sts in this row.

**Row 2:** Bind off 5 (6, 7) sts, p to marker, sm, work Row 2 of Seed Rib pattern to 2 sts before marker, k1, p1, sm, p to end of row – 95 (107, 119) sts.

**Rows 3-6:** Rep Rows 1 and 2 twice – 75 (83, 91) sts.

**Row 7:** Rep Row 3 – 70 (77, 84) sts.

**Row 8:** Bind off 5 (6, 7) sts, p to marker, sm, k to marker, sm, p to end of row – 65 (71, 77) sts

### **Shape Neck and Continue Shoulder Shaping**

**Row 1 (RS):** Bind off 5 (6, 7) sts, k7 (8, 9) for right shoulder (for a total of 8 (9, 10) sts on right needle), join a 2nd ball of yarn and bind off next 39 (41, 43) sts

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for neck, k to end of row for left shoulder – 8 (9, 10) sts for right shoulder and 13 (15, 17) sts for left shoulder

You will now work both shoulders AT THE SAME TIME using separate balls of yarn.

**Row 2:** On left shoulder, bind off 5 (6, 7) sts, p to end of shoulder; on right shoulder, bind off 2 sts, p to end of shoulder – 6 (7, 8) sts for right shoulder and 8 (9, 10) sts for left shoulder.

**Row 3:** Bind off all right shoulder sts; on left shoulder, bind off 2 sts, k to end of row – 6 (7, 8) sts for left shoulder.

Bind off all left shoulder sts.

## FRONT

### Right Half of Lower Band

With straight needles, cast on 53 (60, 67) sts.

Purl 1 row.

**Row 1 (RS):** Slip 1, k1, work Row 1 of Seed Rib pattern to last 2 sts, p1, k1 (selvedge st).

**Row 2:** K1 (selvedge st), p1, work Row 2 of Seed Rib pattern to last 2 sts, k2.

**Rows 3-16:** Rep Rows 1 and 2 for 7 more times.

Place sts onto a holder.

### Left Half of Lower Band

With straight needles, cast on 53 (60, 67) sts.

Purl 1 row.

**Row 1 (RS):** K1 (selvedge st), work Row 1 of Seed Rib pattern to last 3 sts, p1, k2.

**Row 2:** Slip 1, work Row 2 of Seed Rib pattern to last 3 sts, k1, p1, k1 (selvedge st).

**Rows 3-16:** Rep Rows 1 and 2 for 7 more times.

At the end of Row 16, do NOT slip sts to a holder.

### Join Lower Bands

**Row 17 (RS):** K to last 3 sts of left half of band, pm, p2, k1; from RS, working across sts of right half, k1, p2, pm, k to end of row – 106 (120, 134) sts.

**Row 18:** K1 (selvedge st), beg with a WS (purl) row, work in St st to marker, sm, k2, p2, k2, sm, work in St st to last st, k1 (selvedge st).

**Row 19:** Work in St st to marker, sm, p2, k2, p2, sm, work in St st to end of row.

Rep Rows 18 and 19 until piece measures same length as Back to Shape Shoulders, end with a WS row as the last row you work and remove markers as you work the last row.

### Shape Shoulders and Neck

**Row 1 (RS):** Bind off 5 (6, 7) sts, k36 (41, 46) for left shoulder (for a total of 37 (42, 47) sts on right needle), join a 2nd ball of yarn and bind off next 22 (24, 26)

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sts for neck, k to end of row for right shoulder – 37 (42, 47) sts for left shoulder and 42 (48, 54) sts for right shoulder.

You will now work both shoulders AT THE SAME TIME using separate balls of yarn.

**Row 2:** On right shoulder, bind off 5 (6, 7) sts, p to end of shoulder; on left shoulder, bind off 4 sts, p to end of shoulder – 33 (38, 43) sts for left shoulder and 37 (42, 47) sts for right shoulder.

**Row 3:** On left shoulder, bind off 5 (6, 7) sts, k to end of shoulder; on right shoulder, bind off 4 sts, k to end of shoulder – 28 (32, 36) sts for left shoulder and 33 (38, 43) sts for right shoulder.

**Row 4:** On right shoulder, bind off 5 (6, 7) sts, p to end of shoulder; on left shoulder, bind off 3 sts, p to end of shoulder – 25 (29, 33) sts for left shoulder and 28 (32, 36) sts for right shoulder.

**Row 5:** On left shoulder, bind off 5 (6, 7) sts, k to end of shoulder; on right shoulder, bind off 3 sts, k to end of shoulder – 20 (23, 26) sts for left shoulder and 25 (29, 33) sts for right shoulder.

**Row 6:** On right shoulder, bind off 5 (6, 7) sts, p to end of shoulder; on left shoulder, bind off 2 sts, p to end of shoulder – 18 (21, 24) sts for left shoulder and 20 (23, 26) sts for right shoulder.

**Row 7:** On left shoulder, bind off 5 (6, 7) sts, k to end of shoulder; on right shoulder, bind off 2 sts, k to end of shoulder – 13 (15, 17) sts for left shoulder and 18 (21, 24) sts for right shoulder.

**Row 8:** On right shoulder, bind off 5 (6, 7) sts, p to end of shoulder; on left shoulder, bind off 1 st, p to end of shoulder – 12 (14, 16) sts for left shoulder and 13 (15, 17) sts for right shoulder.

**Row 9:** On left shoulder, bind off 5 (6, 7) sts, k to end of shoulder; on right shoulder, bind off 1 st, k to end of shoulder – 7 (8, 9) sts for left shoulder and 12 (14, 16) sts for right shoulder.

**Row 10:** On right shoulder, bind off 5 (6, 7) sts, p to end of shoulder; on left shoulder, bind off 1 st, p to end of shoulder – 6 (7, 8) sts for left shoulder and 7 (8, 9) sts for right shoulder.

**Row 11:** Bind off all left shoulder sts; on right shoulder, bind off 1 st, k to end of shoulder – 6 (7, 8) sts for right shoulder.

Bind off all right shoulder sts.

## **SLEEVES (make 2)**

With straight needles, cast on 49 (49, 56) sts.

**Rows 1 and 2:** Knit.

**Row 3 (RS):** K1 (selvedge st), k6, work Row 1 of Seed Rib pattern to end of row.

**Row 4:** Work Row 2 of Seed Rib pattern to last 7 sts, k1, p5, k1 (selvedge st).

**Rows 5-8:** Rep Rows 3 and 4 twice.

Rep Rows 1-8 until piece measures about 3 in. (7.5 cm) from beg, end with a WS row as the last row you work.

**Next Row (Increase Row – RS):** K1, M1, work in Seed Rib pattern as established to last st, M1, k1 – 51 (51, 58) sts.

**Next 3 (2, 2) Rows:** K1, work in Seed Rib pattern as established to last st, k1.

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**Next Row:** Rep Increase Row – 53 (53, 60) sts.

Rep last 4 (3, 3) rows 12 (16, 18) more times working added sts into Seed Rib pattern – 77 (85, 96) sts.

Work even in pattern as established until piece measures about 12 (12 1/2, 13) in. (30.5 (32, 33) cm) from beg, end with a WS row as the last row you work.

### **Shape Cap (top of Sleeve)**

**Row 1 (RS):** Bind off 5 sts, work in pattern as established to end of row – 72 (80, 91) sts.

**Rows 2-12 (14, 16):** Rep Row 1 for 11 (13, 15) more times – 17 (15, 16) sts.  
Bind off.

### **FINISHING**

Sew shoulder seams.

### **Neckband**

From RS with circular needle, beg at either shoulder seam, pick up and k about 104 (106, 110) sts evenly spaced around neck edge. Place marker for beg of rnd and join by working the first st on the left hand needle with the working yarn from the right hand needle.

Purl 1 rnd.

Knit 1 rnd.

Purl 1 rnd.

Bind off.

Place markers about 8 (9, 10) in. (20.5 (23, 25.5) cm) down from shoulder seams on Front and Back. Sew top of Sleeves between markers.

Sew side and Sleeve seams.

Weave in ends.

### **ABBREVIATIONS**

beg = begin(ning)

k = knit

p = purl

rep = repeat

rnd = round

RS = right side

st(s) = stitch(es)

St st = Stockinette stitch

WS = wrong side

*Every effort has been made to produce accurate and complete instructions. We cannot be responsible for variance of individual crafters, human error, or typographical mistakes.*

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