



***Free Crochet Pattern***  
**Lion Brand® Heartland®**  
**Simply Constructed Pullover**  
Pattern Number: L70354



## **SKILL LEVEL – Easy**

### **SIZES**

S (M, L, 1X, 2X, 3X)

**Finished Bust** About 34 (38, 40, 44, 51, 53) in. (86.5 (96.5, 101.5, 112, 129.5, 134.5) cm)

**Finished Back Length** About 26 (26 1/2, 27, 27 1/2, 28, 28 1/2) in. (66 (67.5, 68.5, 70, 71, 72.5) cm), not including turtleneck.

**Finished Front Length** About 22 (22 1/2, 23, 23 1/2, 24, 24 1/2) in. (56 (57, 58.5, 59.5, 61, 62) cm), not including turtleneck.

**Note:** Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

### **MATERIALS**

- Lion Brand® Heartland® (Art. #136)
  - 098 Acadia 6 (7, 8, 9, 10, 11) balls
- Lion Brand® crochet hook size H-8 (5 mm)
- Lion Brand® large-eyed blunt needle



### **GAUGE**

16 hdc worked in back loops + 14 rows = about 4 in. (10 cm).

**BE SURE TO CHECK YOUR GAUGE.**

### **NOTES**

1. Pullover is constructed in a simplified way, perfect if you are new to making garments! The Center Front and Back Panels are made first – these are just rectangles. The Side Panels (just more rectangles) are worked across the edges of the Center Panels and the Sleeves are worked directly onto the Side Panels. By working these sections directly onto the piece, a lot of sewing together is eliminated!
2. Our pattern includes diagrams and step by step instructions to make the construction process clear and easy to understand.
3. All the pieces except the Sleeves are worked back and forth in rows. The Sleeves are worked in rnds.
4. In some parts of the pattern, whether you are left or right handed will make a difference. In these sections, specific left and right hand written instructions and diagrams are provided.
5. The Pullover is designed with the back slightly longer than the front for a flattering hi-lo shape.

## **STEP 1**

### **CENTER BACK PANEL**

Ch 137 (139, 141, 143, 145, 147).

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### First Half

**Row 1 (RS):** Hdc in 3rd ch from hook (2 skipped ch count as first hdc) and in each ch across – you will have 136 (138, 140, 142, 144, 146) hdc in this row.

**Rows 2-14 (14, 16, 16, 18, 18):** Ch 2 (counts as first hdc), turn, working in back loops only, hdc in next st and in each st across working last hdc in top of beg ch. Fasten off.

### Second Half

**Row 1 (RS):** From RS, working across opposite side of foundation ch, join yarn with a sl st in ch at base of first st, ch 2 (counts as first hdc), hdc in next ch and in each ch across – 136 (138, 140, 142, 144, 146) hdc.

**Rows 2-14 (14, 16, 16, 18, 18):** Ch 2 (counts as first hdc), turn, working in back loops only, hdc in next st and in each st across working last hdc in top of beg ch. Fasten off.

## STEP 2

### CENTER FRONT PANEL

Ch 121 (123, 125, 127, 129, 131).

### First Half

**Row 1 (RS):** Hdc in 3rd ch from hook (2 skipped ch count as first hdc) and in each ch across – 120 (122, 124, 126, 128, 130) hdc.

**Rows 2-14 (14, 16, 16, 18, 18):** Ch 2 (counts as first hdc), turn, working in back loops only, hdc in next st and in each st across working last hdc in top of beg ch. Fasten off.

### Second Half

**Row 1 (RS):** From RS, working across opposite side of foundation ch, join yarn with a sl st in ch at base of first st, ch 2 (counts as first hdc), hdc in next ch and in each ch across – 120 (122, 124, 126, 128, 130) hdc.

**Rows 2-14 (14, 16, 16, 18, 18):** Ch 2 (counts as first hdc), turn, working in back loops only, hdc in next st and in each st across working last hdc in top of beg ch. Do NOT fasten off.

## STEP 3

### First Side Panel

#### Notes

1. As you make the side panel, you will be connecting the Center Front and Back Panels at the shoulder. Creating the shoulder in this way eliminates shoulder seams and makes comfortable armholes.
2. The side panel is easy to make! Row 1 may appear to be a long instruction – but this is just because each step is written in detail. Just follow along and refer to the diagrams if you need a visual to help you see what to do.
3. If you are right handed, the First Side Panel is worked beg along the right hand edge of the Center Front as it faces you, and the Second Side Panel

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is worked along the opposite edge. If you are left handed, the First Side Panel is worked beg along the left hand edge of the Center Front as it faces you, and the Second Side Panel is worked along the opposite edge.

**Row 1 (RS):** Working in back loops only, beg in sts of last row of Center Front Panel, ch 2 (counts as first hdc), turn, hdc in next st and in each st to last 32 sts, leave rem 32 sts unworked (these are for the turtleneck); from RS and working in sts of last row of Center Back Panel, sk first 32 sts (these are for the turtleneck), hdc in next st and in each st to end of row – you will have a total of 192 (196, 200, 204, 208, 212) hdc.

**Rows 2-16 (20, 20, 22, 26, 28):** Ch 2 (counts as hdc), turn, working in back loops only, hdc in next st and in each st across working last hdc in top of beg ch. Fasten off.

### Second Side Panel

From RS and working in sts across opposite long edges of Center Panels, join yarn with a sl st in first st at lower corner of Center Back Panel.

**Row 1 (RS):** Ch 2 (counts as first hdc), turn, working in back loops only, hdc in next st and in each st to last 32 sts, leave rem 32 sts unworked; from RS and working in sts of Center Front Panel, sk first 32 sts, working in back loops only, hdc in next st and in each st to end of piece – you will have a total of 192 (196, 200, 204, 208, 212) hdc.

**Rows 2-16 (20, 20, 22, 26, 28):** Work same as Rows 2-16 (20, 20, 22, 26, 28) of First Side Panel. Fasten off.

## STEP 4

### First Sleeve

#### Notes

1. Each Sleeve is worked in rnds, but you will turn the work at the end of every rnd except the last. Since the body of the Pullover was worked in rows, turning at the end of each sleeve rnd makes the sts on the Sleeves match the look of the sts on the Pullover.
2. If you are right handed, the First Sleeve is worked along the right hand edge of the Pullover as it faces you and the Second Sleeve is worked along the opposite edge. If you are left handed, the First Sleeve is worked along the left hand edge of the Pullover as it faces you and the Second Sleeve is worked along the opposite edge.

**Rnd 1 (RS):** From RS of Front, sk first 62 sts of last row of First Side Panel, join yarn with a sl st in next st, working in back loops only, ch 2 (counts as first hdc), hdc in next 51 (55, 59, 63, 67, 71) sts, leave rem sts unworked; join with sl st in top of beg ch so that you are ready to work in the rnd – 52 (56, 60, 64, 68, 72) sts.

**Rnds 2-30:** Working in back loops only, ch 2 (counts as first hdc), turn, hdc in next st and in each st around; join with sl st in top of beg ch.

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**Rnd 31 (WS):** Ch 1, do not turn, working in back loops only, sc in each st around; join with sl st in first sc.  
Fasten off.

### **Second Sleeve**

**Rnd 1 (RS):** From RS of Back, sk first 78 sts of last row of Second Side Panel, join yarn with a sl st in next st, working in back loops only, ch 2 (counts as hdc), hdc in next 51 (55, 59, 63, 67, 71) sts, leave rem sts unworked; join with sl st in top of beg ch to form a rnd – 52 (56, 60, 64, 68, 72) sts.

**Rnds 2-31:** Work same as Rnds 2-31 of First Sleeve.  
Fasten off.

### **FINISHING**

Sew side edges of tops of Center Panels tog for turtleneck.

Sew side seams, leaving 16 sts unsewn at lower edge of Front and 32 sts unsewn at lower edge of Back for side slits.

Weave in ends.

### **ABBREVIATIONS**

beg = begin(ning)

ch = chain

hdc = half double crochet

rem = remain(ing)(s)

rep = repeat

rnd(s) = round(s)

RS = right side

sc = single crochet

sk = skip

sl st = slip st

st(s) = stitch(es)

tog = together

WS = wrong side

*Every effort has been made to produce accurate and complete instructions. We cannot be responsible for variance of individual crafters, human error, or typographical mistakes.*

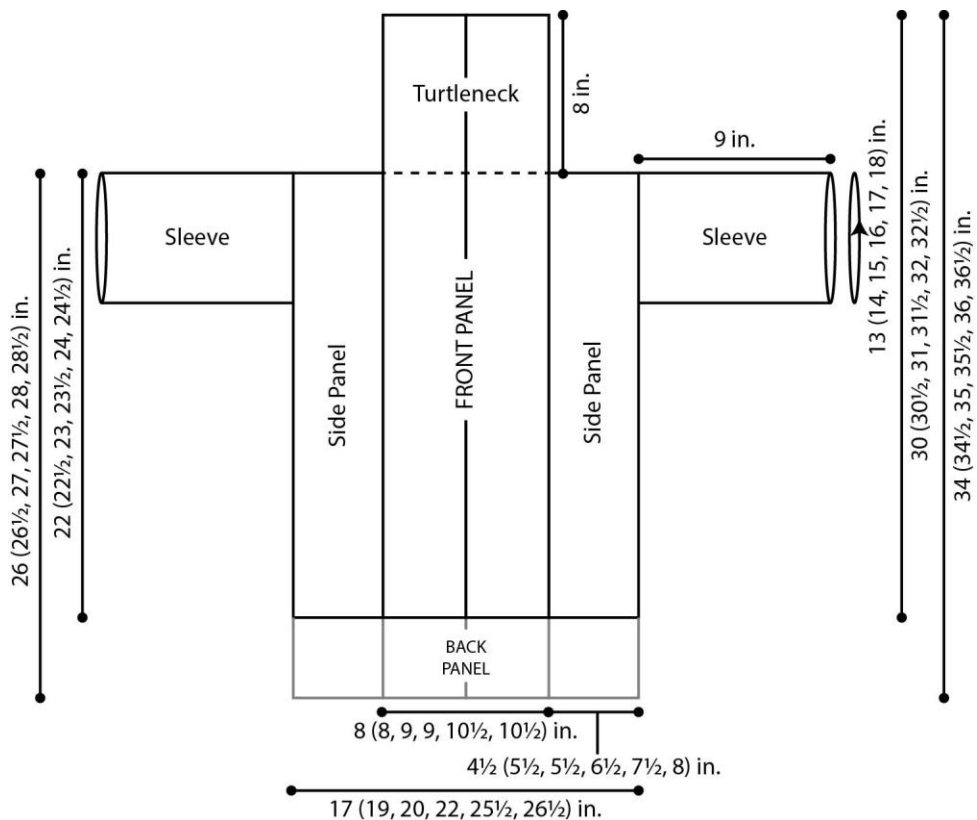
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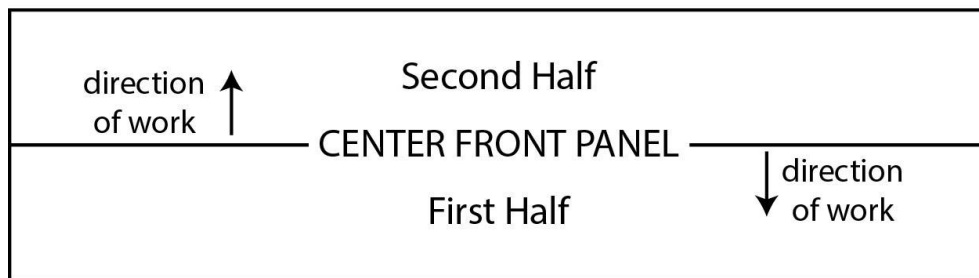


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## STEP 1

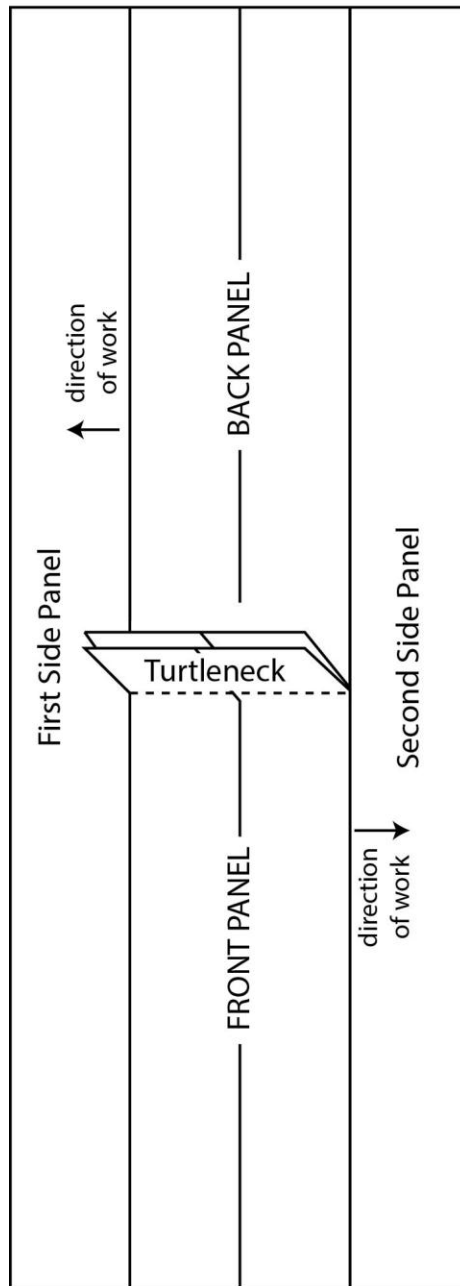


## STEP 2

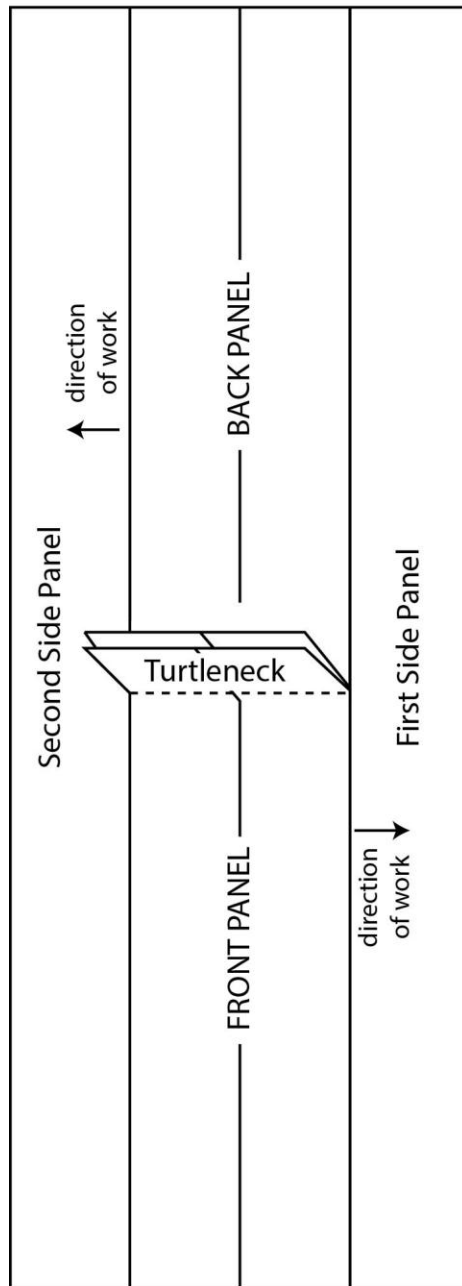




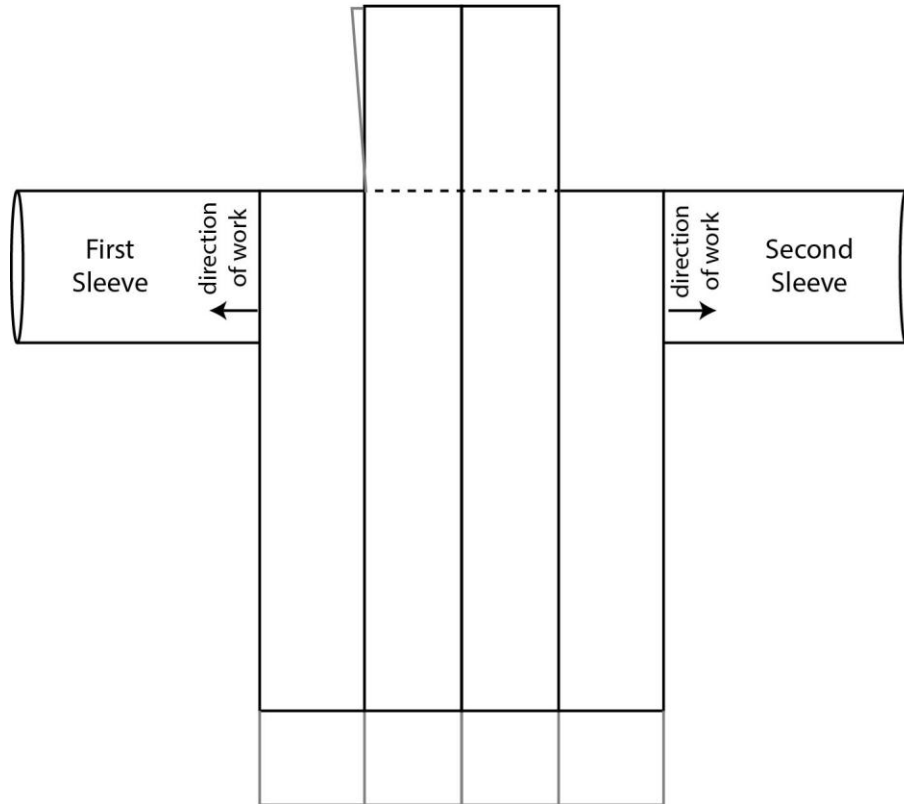
### STEP 3 (left handed)



### STEP 3 (right handed)



## STEP 4 (left handed)



## STEP 4 (right handed)

